

Teaching Responsibilities

Professor Trung Huynh (Aka. Thich Hang Dat), University of Houston

I have been teaching in the Department of Religious Studies at University of Houston (UH) since the Fall of 2015 and at Indiana University (IU's regional campuses such as IU Southeast, IU South Bend, IU Kokomo, and IU Columbus) since 2013. Totally, I have developed four courses:

RELS-2360, *Introduction to Buddhism* (UH) or REL-R 354, *Buddhism* (IU).

Since 2015, I have taught 418 students at UH and 363 students at IU in this course. I provide a historical survey of Buddhism from its origins in India through its diffusion throughout Asia and the world in subsequent centuries. Besides, since many students take this course as one of their Core-writing in Disciplines (WID), I also emphasize on training their writing skills. As a result, I provide them competent knowledge and skills to accomplish their academic goal and future profession.

RELS-3380, *Introduction to Asian Religions* (UH) or REL-R 153, *Asian Religions* (IU).

In this class, I have taught 266 students at UH since 2017 and 22 students at IU in the Spring of 2013, the basic textual, historical, anthropological, and thematic survey of the religions of Asia, including Hinduism, Buddhism, Jainism, Sikhism, Taoism, Confucianism, and Shintoism. Especially, as it was approved as a global course for student who is working on their global citizen credential, I assist them to broaden their knowledge and provoke their intellectual curiosity to contemplate these traditions in global perspective.

RELS-3396, *Buddhist Meditation, Its Theory and Practice* (UH), or *Buddhist Meditation, Its Theory and Practice*, HOH-H 306, MLS, LBST-D 511, IDIS-D 501, IDIS-D 594 (IU).

I provided a survey for various Buddhist meditative traditions in ancient and contemporary time in this advance course in the fall of 2017 for 11 students at UH and 17 students at IU. Particularly, as a Buddhist scholar and practitioner, I am thrilled to enlighten students how an ancient tradition brings tremendous benefits for modern age people physiologically and psychologically so that they can utilize it in their daily life and future profession. Also, in the Spring 2019 semester I mentored a graduate student (Interdisciplinary Studies-MIS) at IU Southeast, who took an independent study about the *Buddhist Meditation* course.

RELS-3396, *Mindfulness and Its Multidisciplinary Applications* (UH) or *Mindfulness and Its Multidisciplinary Applications*, HOH-H 306, MLS, LBST-D511, IDIS-D 501, IDIS-D 594 (IU).

In this course, I provided the conceptual foundations of secular mindfulness and its interdisciplinary, multidisciplinary, international facets, and therapeutic applications in the fall of 2016 and spring of 2018 for a total of 24 students and 24 students at IU. I also guide them to practice mindfulness in class so that they can have first-hand experience with its apparent benefits and utilize it in their daily life and future profession. Particularly, in the Spring 2014 semester I mentored a graduate student (Master of Liberal Studies-MLS) at IU Southeast, who took an independent study about the *Mindfulness course*.